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Children's Activities Awards Best Sports Activities/Classes

Physical education is the key to good health. The judges found these to be the best.

PALM BEACH COUNTY and BROWARD COUNTY

GOLD

My Gym

21753 State Road 7, Boca Raton, 561-487-1842
 3755 Military Trail, Jupiter, 561-575-2434
 518 N. State Road 7, Royal Palm Beach, 561-798-5656
 4647 University Drive, Coral Springs, 954-341-1853
 11266 Pines Blvd., Pembroke Pines, 954-441-6688
 801 S. University Drive, Plantation, 954-382-0222
 407 S. Federal Highway, Pompano Beach, 954-946-6838
www.my-gym.com
 Additional locations in Miami-Dade County.

My Gym breaks its classes conveniently into "parent participation" for children 3 months to 3 years and "independent" for children ages 3 to 9 years. In the classes, instructors focus on physical, mental and emotional growth. The classes are run in sessions and grow as children do, incorporating more tasks, fun and learning. Younger classes coach children to use movement in learning. They focus on crawling, walking and tumbling for the first time. Older children participate in gymnastics, leading many times to a childhood-long hobby. My Gym's weekly classes include sports and games, while the equipment changes weekly allowing for new play in every visit.

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 Weston
 Coconut Creek

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imacs
 Institute For Mathematics & Computer Science
www.imacs.org

CLICK HERE FOR MORE INFO
 954.791.2333
 561.470.1178

JUDGES' CHOICE

Palm Beach County and Broward County YMCAs

Palm Beach YMCAs
6631 Palmetto Circle South, Boca Raton,
561-395-962
9600 S. Military Trail, Boynton Beach,
561-738-9622
2085 S. Congress Ave., West Palm
Beach, 561-968-9622
www.ymca.net or www.ymcaspb.org



Children's Activities Awards



Important Matters Awards

Broward County YMCAs

408 NW 14th Terrace, Fort Lauderdale,
954-467-2444
1910 NW 55th Ave., Lauderhill, 954-485-
6260
7716 Wiles Road, Coral Springs, 954-757-9862
3161 Taft St, Hollywood, 954-989-9622
www.ymcabroward.org

For 60 years, YMCAs have been helping young people develop into active adults. The YMCAs at most locations offer a comprehensive menu of sports for children ages 4 and up. Youth sports include basketball, soccer, flag football and cheerleading and others year-round, depending on the branch. Most also offer sports-related summer camps. The Boca Raton branch is now featuring a new sports program teaching the basic-skill developments necessary to play for children as young as 3. The series has kid-sized basketballs and goals that crank down very low so even the tiniest dribblers can get in on the game to learn coordination. Broward County YMCAs offer classes and team sports with opportunities to play, train and coach. All ages and abilities are accepted, giving everyone a chance to live a healthier, more active life. The YMCAs incorporate their training in spirit, mind and body with the fitness goals of good health and emotional well-being. Safety is important all along the way. In YMCA philosophy, everyone plays, everyone wins.

PALM BEACH COUNTY

SILVER

Gym Like This

3900 Fiscal Court, West Palm Beach
561-842-8488

BRONZE

Wellington Community Center

12164 Forest Hill Blvd., Wellington
561-753-2484, ext. 0

BROWARD COUNTY

SILVER

Little Gym

10359 Royal Palm Blvd., Coral Springs, 954-344-9475

www.tlgcoralspringsfl.com

1927 N. Pine Island Road, Plantation, 954-916-9525

www.tlgplantationfl.com

BRONZE

Gymboree

Lyons Tech Center, 4661 Johnson Road, Coconut Creek, 954-421-4440

Pembroke Pines, 11401 Pines Blvd., Suite 577, Pembroke Pines, 954-430-0180

www.gymboree.com

BROWARD COUNTY

GOLD

My Gym

4647 University Drive, Coral Springs, 954-341-1853;

11266 Pines Blvd., Pembroke Pines, 954-441-6688;

801 S. University Drive, Plantation, 954-382-0222;

407 S. Federal Highway, Pompano Beach, 954-946-6838

www.my-gym.com

My Gym's program is designed to help children from 3 months to 9 years old develop physically, cognitively and emotionally. There are weekly classes for each age group that incorporate music, dance, relays, games, special rides, gymnastics, sports and other activities. Children gain coordination, strength and balance and get a chance to work on their social skills as well. The configuration of the custom-designed equipment is changed every week so that kids have a new experience each visit.

Additional locations in Miami-Dade and Palm Beach counties

SILVER

YMCA

Multiple locations in BROWARD COUNTY

www.ymca.net

BRONZE

Park Avenue Gymnastics

12239 SW 53rd St., Cooper City, 954-434-0099;

2750 Glades Circle, Weston, 954-659-8717

www.parkavenuegymnastics.com

MIAMI-DADE COUNTY

GOLD

Swim Gym

9800 SW 71st Ave., Miami

305-273-1129

www.swimgym.net

Swim Gym takes a splashing stance on swim safety and

Chili's new Fajita Trio

Chicken, Shrimp & Steak



LEARN MORE



technique with its lessons, camps and teams. Since 1984, the school has grown with director Robert Strauss, who has been teaching in Miami since 1973. In 2002, he celebrated his "25,000 students-old" day, having taught 25,000 students to swim. For the summer camps, Swim Gym has added log rolling, scuba diving and Indo Boarding to its already distinguished customer service. Quality of teaching, a well-trained staff and certified instructors make Swim Gym a winner.

SILVER

Michael-Ann Russell Jewish Community Center
18900 NE 25th Ave., North Miami Beach
305-932-4200
www.marjcc.org

BRONZE

Peaches
2018 NE 155th St., North Miami Beach
305-940-3248
www.peachesschoolofdance.com

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